



National Women's Day in India is celebrated annually on February 13th to mark the birth anniversary of Sarojini Naidu, a renowned poet, freedom fighter, and India's first female governor. It honours her legacy and promotes women's empowerment and rights.



“She is twin-born with primal mysteries, and drinks of life at Time's forgotten source.”  
— Sarojini Naidu

# True Observing India

English Daily Youth E- Newspaper

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DELHI/ NCR/ LUCKNOW/KANPUR/ PRAYAGRAJ

13 FEBRUARY, 2026

## THE ROLE OF YOUTH IN ENVIRONMENTAL CONSERVATION



Taniya Dyson

### The Power of Young Voices

Young people play a vital role in shaping a sustainable future. With growing awareness about climate change, pollution, and biodiversity loss, today's youth are more informed and engaged than ever before. Their energy, creativity, and determination make them powerful agents of environmental conservation. By raising awareness, participating in campaigns, and adopting eco-friendly practices, young individuals are driving meaningful change at local, national, and global levels.

### Education as a Foundation

Environmental education equips youth with knowledge about ecological challenges and sustainable solutions. Schools, colleges, and digital platforms help students understand issues such as global warming, waste management, water conservation, and renewable energy. When young people learn about the science behind environmental problems, they are better prepared to make responsible decisions. Awareness transforms into action when knowledge is paired with practical steps like reducing plastic use, conserving electricity, and planting trees.

### Innovation and Sustainable Solutions

Youth are often at the forefront of innovation. From developing eco-friendly products to launching sustainability-focused startups, young minds are creating solutions that address environmental challenges. Technological advancements, such as renewable energy systems and waste recycling innovations, often benefit from youthful creativity and fresh perspectives. By combining technology with environmental awareness, young innovators are contributing to greener economies and sustainable development.

### Community Engagement and Advocacy

Young people actively participate in environmental campaigns, clean-up drives, tree-plantation initiatives, and awareness rallies. Through social media and community networks, they amplify important environmental messages and encourage collective action. Youth-led movements have gained global attention, urging policymakers to adopt stronger environmental policies. Their voices remind society that protecting the planet is not optional but essential for future generations.

### Responsible Lifestyle Choices

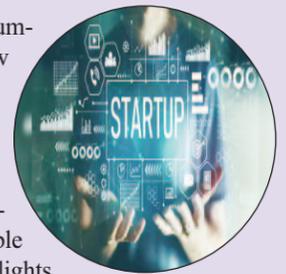
Environmental conservation begins with everyday actions. Many young individuals are adopting sustainable habits such as cycling instead of using fuel-powered vehicles, minimizing food waste, practicing recycling, and supporting eco-friendly brands. These small but consistent efforts contribute significantly to reducing environmental impact. When youth model responsible behavior, they inspire families and communities to follow suit.

### Building a Sustainable Future

The involvement of youth ensures that environmental conservation remains a long-term priority. As future leaders, scientists, policymakers, and entrepreneurs, young people will shape decisions that influence the planet's well-being. Encouraging youth participation in environmental governance and sustainability projects strengthens democratic engagement and accountability. The role of youth in environmental conservation is both powerful and indispensable. Through education, innovation, advocacy, and responsible living, young individuals are leading the way toward a healthier planet.

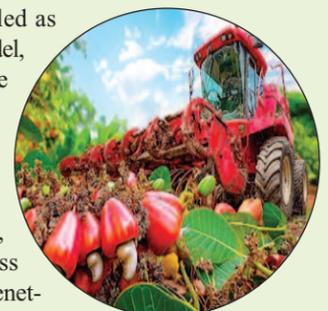
## INNOVATION MEETS STRATEGY AT ENTERPRISE TECH SUMMIT

A two-day technology summit is set to examine how enterprises can strengthen resilience in an unpredictable world. Industry leaders, policymakers, and technologists will discuss cybersecurity, digital infrastructure, and sustainable growth models. The event highlights a growing consensus that resilience must be engineered into systems rather than improvised during crises. As digital transformation accelerates, adaptability becomes central to competitiveness. The summit aims to translate ideas into actionable strategies. In an era of rapid disruption, preparedness is no longer optional; it is a defining trait of successful organisations.



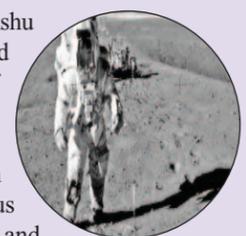
## THE CASHEW PIONEER WHO REWROTE REGIONAL AGRICULTURE

Leo D'Souza, hailed as Mangaluru's Mendel, transformed the cashew sector through scientific breeding and crop innovation. His research improved yields, resilience, and quality, benefiting farmers across the region. By aligning genetics with agricultural practice, he bridged theory and livelihood. Colleagues credit his mentorship for nurturing future scientists alongside empowering cultivators. D'Souza's work demonstrates how focused agricultural science can reshape rural economies. His legacy lives not only in laboratories but also in orchards that continue to thrive under improved cultivation methods.



## STEADY RESOLVE: SUSTAINING INDIA'S HUMAN SPACEFLIGHT DREAM

Group Captain Shubhanshu Shukla has emphasised the importance of maintaining momentum on the Gaganyaan mission despite technical complexities. Human spaceflight demands meticulous preparation, safety validation, and sustained coordination. Shukla argued that perseverance will strengthen national capability and global credibility. The mission symbolises both technological ambition and strategic maturity. Continued commitment ensures that temporary hurdles do not derail long-term objectives. India's human spaceflight journey, he suggested, must balance caution with confidence to secure its place in advanced space exploration.



## Farewell Ceremony “Udbhav” for Class XII at Allenhouse Public School, Vrindavan Yojna, Lucknow



True Observing India

Allenhouse Public School, Vrindavan Yojna, Lucknow, bid a heartfelt farewell to the outgoing Class XII batch through a memorable ceremony titled “Udbhav – Let the new adventures begin.”

The programme began with the welcoming of students and a symbolic plant-watering ceremony, followed by the inspiring address of the Principal. The event featured vibrant cultural performances including graceful dance presentations, music, and an engaging video montage capturing cherished school memories.

Students enthusiastically participated in fun activities such as ramp walk rounds,



games, and interactive sessions. Various titles were conferred, celebrating the unique talents and personalities of the outgoing batch. The highlights of the event were the announcements of Mr & Ms Sunshine Smile, Mr & Ms Style Icon,

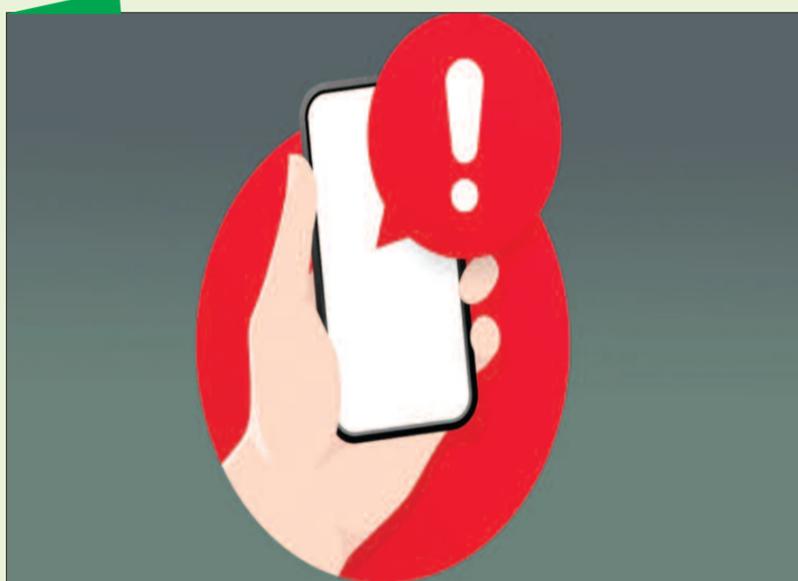
Mr & Ms Farewell, and Mr & Ms Allenhouse, which filled the atmosphere with excitement and pride.

The ceremony concluded with heartfelt final words by Class XII, a vote of thanks by the Senior Wing Coordinator,

and an open stage followed by refreshments.

The farewell was an emotional yet joyous celebration, wishing the Class XII students success and happiness in their future endeavours.

### Messaging Under Pressure: WhatsApp Flags Block Attempt



WhatsApp has stated that Russia attempted to fully block the messaging platform, intensifying tensions between technology firms and state authorities. The company indicated that access disruptions were linked to regulatory disputes and content oversight demands. Messaging apps increasingly operate at the intersection of communication rights and national policy. While WhatsApp reaffirmed its commitment to user privacy and encryption, the episode highlights how digital platforms can become flashpoints in geopolitical debates. For users, such developments raise concerns about access, security, and information flow.

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# CLAT 2026 RESULT

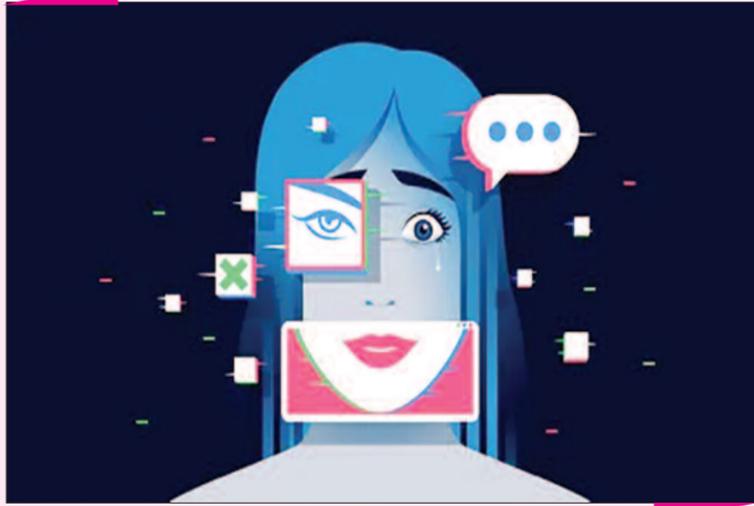
|               |   |
|---------------|---|
| <b>1</b> AIR  | <b>RAJASTHAN STATE TOPPER</b><br><b>GEETALI</b><br>Classroom Contact Program<br>LE ID : 4264179 |
| <b>2</b> AIR  | <b>DELHI TOPPER-1</b><br><b>PARV</b><br>Classroom Contact Program<br>LE ID : 993236             |
| <b>3</b> AIR  | <b>KARNATAKA STATE TOPPER</b><br><b>ROHAN</b><br>Correspondence Program<br>LE ID : 497864       |
| <b>7</b> AIR  | <b>GURUGRAM TOPPER-1</b><br><b>GAURANSH</b><br>Classroom Contact Program<br>LE ID : 4245126     |
| <b>8</b> AIR  | <b>DELHI TOPPER-2</b><br><b>ARGH</b><br>Classroom Contact Program<br>LE ID : 9961222            |
| <b>9</b> AIR  | <b>GURUGRAM TOPPER-2</b><br><b>MANVI</b><br>Classroom Contact Program<br>LE ID : 5473785        |
| <b>10</b> AIR | <b>MADHYA PRADESH TOPPER-2</b><br><b>ARAV</b><br>Classroom Contact Program<br>LE ID : 9702845   |

**4** TIMES AIR 1, 2 & 3 IN THE LAST 4 YEAR | **7** AIRs UNDER TOP 10 | **9** STATE TOPPERS | **31+** AIRs UNDER TOP 50 | **51+** AIRs UNDER TOP 100

**ADMISSIONS OPEN FOR CLAT 2027/28**

LUCKNOW CENTRE 1: 6<sup>th</sup> FLOOR, SHAGUN PALACE, SAPRU MARG, HAZARTGANJ | CALL : 9109108172  
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CENTRE 3: 4<sup>th</sup> FLOOR DM 5/1 TOWER B 40 SECTOR B KANPUR ROAD OPPS GATE NUMBER 03 PHOENIX MALL ALAMBAGH | CALL : 9109108427





## TRUTH UNDER SIEGE: CAN TECHNOLOGY OUTSMART DEEPFAKES?

As deepfake videos and synthetic audio grow more sophisticated, experts warn that misinformation risks escalating across politics, finance, and personal security. Yet technology is evolving in response. Researchers are developing advanced detection tools that analyse facial inconsistencies, voice patterns, and digital fingerprints to identify manipulated content. Governments and tech firms are also exploring watermarking systems to verify authenticity. While the threat remains serious, specialists argue that awareness and digital literacy are equally vital defences. The battle against deepfakes is no longer theoretical; it is unfolding in real time.

## FROM DOMESTIC TO GLOBAL: DIGI YATRA'S NEXT LEAP

Digi Yatra is preparing to expand into international travel through passport-based enrolment, aiming to streamline airport processes. The initiative uses facial recognition technology to enable contactless verification, reducing queues and paperwork. Extending the system beyond domestic flights marks a significant shift in India's aviation infrastructure. Authorities stress that data security and privacy safeguards remain central to the rollout. If implemented effectively, the expansion could position India as a leader in seamless digital travel. The project reflects how biometric systems are steadily redefining passenger experience worldwide.



## EDUCATION AS EQUALISER: POWERING GROWTH THROUGH CAMPUSES

VIT Chancellor G. Viswanathan has emphasised that higher education remains central to reducing inequality and driving economic growth. Universities serve as engines of skill development, research, and social mobility. By expanding access and strengthening industry collaboration, institutions can uplift communities while supporting innovation. The Chancellor argued that inclusive policies and quality infrastructure are essential for long-term impact. Education, he noted, is not merely academic pursuit but national investment. When campuses thrive, economies and societies move forward together.

## RESILIENCE AS ROUTINE: REDEFINING CORPORATE STRATEGY

Experts at a recent discussion stressed that resilience must become part of everyday corporate operations rather than emergency planning. From cybersecurity threats to supply chain disruptions, businesses face constant uncertainty. Embedding flexibility into systems, leadership, and decision-making processes enhances long-term stability. Companies that anticipate risks rather than merely react are better positioned to survive shocks. The evolving business environment demands preparedness as a continuous discipline. Resilience, once seen as crisis management, is now emerging as a strategic cornerstone.





## ROOTED FOR GROWTH: A BOOST FOR KASHMIR'S APPLE FARMS

New rootstocks developed for apple cultivation promise faster growth and higher yields for farmers in Kashmir. Scientists highlight improved resistance to disease and adaptability to local conditions. Such innovations could enhance productivity and strengthen livelihoods in a region heavily dependent on horticulture. Agricultural experts emphasise training and careful implementation to maximise benefits. By combining research with field application, the initiative reflects the power of science-driven farming. Improved root systems may quietly reshape orchard economics across the valley.

## DIGITAL MEMORY: WHY ELECTRONIC RECORDS ARE TRANSFORMING MEDICINE

Electronic medical records are increasingly viewed as one of the most transformative advances in modern healthcare. By centralising patient histories, diagnostics, and treatment plans, they reduce errors and improve continuity of care. Doctors can access accurate information instantly, enhancing decision-making. Data integration also supports research and public health planning. While privacy safeguards remain essential, the shift from paper to digital systems marks a structural upgrade in medicine. Efficient information flow, experts argue, is as crucial as medical skill itself in delivering quality healthcare.



## GROUNDING BY THE SKY: WEATHER DELAYS ISS LAUNCH AGAIN

NASA has once again postponed a scheduled launch to the International Space Station due to unfavourable weather conditions. Safety protocols demand precise atmospheric conditions to ensure mission success and crew security. Though frustrating for teams and observers, such delays are routine in space operations. Engineers prefer caution over risk, especially in crewed missions. The setback underscores the delicate balance between technological readiness and environmental variables. Space exploration, despite advanced engineering, remains deeply influenced by nature's unpredictability. Patience, in this domain, is not weakness but discipline.



## EVOLUTION'S WARNING: ANTIMICROBIAL RESISTANCE AND POLICY GAPS

Experts argue that antimicrobial resistance confirms Charles Darwin's principle of adaptation, as microbes evolve against overused drugs. However, India's current drug policies may not sufficiently curb misuse of antibiotics. Over-prescription and easy availability accelerate resistance, threatening public health. Specialists call for stricter regulation, surveillance, and awareness campaigns. Without coordinated action, common infections could become harder to treat. The issue transcends laboratories, demanding behavioural and systemic reform. Evolution, scientists remind us, never pauses; policy must evolve just as swiftly.





## A RARE VISITOR: HAIR-CRESTED DRONGO SPOTTED IN MADURAI

**B**irdwatchers in Madurai have recorded the first sighting of the hair-crested drongo in the region, sparking excitement among conservationists. Known for its glossy black plumage and distinctive crest, the species is typically found in forested habitats elsewhere. Its appearance may reflect changing migratory patterns or environmental shifts. Observers emphasise careful documentation to understand whether the sighting represents a temporary visit or a broader ecological change. Such discoveries highlight the value of local biodiversity monitoring. Even a single bird can signal deeper environmental narratives waiting to be studied.

## LEARNING TAILORED BY ALGORITHMS: A NEW ACADEMIC ERA

**V**IT Vice-President Sekar Viswanathan believes personalised learning powered by artificial intelligence will define the future of education. Adaptive platforms can assess student performance in real time, identifying strengths and gaps with precision. Such systems promise customised study paths rather than uniform classroom models. While educators welcome innovation, they caution that technology must complement, not replace, mentorship. Personalised learning could bridge disparities by offering targeted support to diverse learners. The transformation suggests a shift from mass instruction to intelligent guidance, reshaping how knowledge is delivered and absorbed.



## GUARDIANS OF THE SEA: FISHING COMMUNITIES AND CONSERVATION

**A** recent illustrated commentary highlights how traditional fishing communities often act as protectors of marine ecosystems. Through indigenous knowledge and sustainable practices, many coastal groups regulate catch sizes and protect breeding zones. Recognising their role shifts conservation from top-down enforcement to community partnership. Experts argue that empowering local stakeholders ensures long-term ecological balance. The narrative challenges stereotypes and celebrates grassroots stewardship. Protecting oceans, it suggests, requires collaboration with those who depend on them most.

## INDIA'S DATA ADVANTAGE: A NEW HUB FOR GLOBAL SERVERS

**I**ndustry leader Raju Vegesna has pointed out that building data centres in India is significantly more cost-effective than in the United States, attracting global hyperscalers. Lower construction and operational costs, combined with growing digital demand, make India an appealing destination. The expansion of data infrastructure signals confidence in the country's technology ecosystem. However, experts note the importance of reliable power supply and regulatory clarity. As digital services multiply, India's strategic positioning in the global data economy continues to strengthen.



## FUN COOKING – MOONG DAL CHEELA ROLLS

A healthy, protein-rich snack. a smooth batter.

**CHEF'S CORNER**

2. Add onion, carrot, salt, and cumin powder. Mix well.

3. Heat a pan and lightly grease with oil.

4. Pour a ladle of batter and spread thinly.

5. Cook on both sides until golden.

6. Roll the cheela and cut into pieces. Serve warm.

**Ingredients:**

- 1 cup soaked moong dal (soaked 3–4 hours)
- 1 small onion (finely chopped)
- 1 small carrot (grated)
- Salt to taste
- A pinch of cumin powder
- 1 tsp oil

**Instructions:**

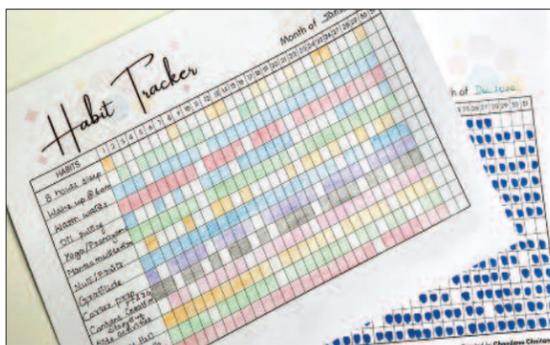
1. Grind soaked moong dal into

Add chopped spinach for extra nutrition.

**Chef's Tip:**



## Fun Activity – DIY Habit Tracker Sheet



**Materials:**

- A4 sheet
- Scale
- Pencil
- Colored pens

**Steps:**

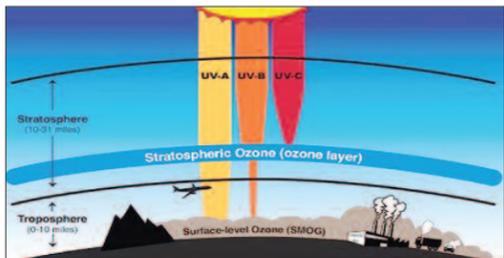
1. Draw a grid with habits written on the left side.
2. Write dates across the top row.
3. Tick the box each day you complete the habit.
4. Review progress at the end of the week.
5. Set one improvement goal for next week.

**Creative Twist:**

Use different colors for different habits.



### FUN FACTS



- The ozone layer absorbs most of the Sun's ultraviolet radiation.
- Gold does not rust because it is chemically non-reactive.
- The human body has over 600 muscles.
- Deep breathing activates the parasympathetic nervous system, reducing stress.
- The Earth completes one rotation in approximately 24 hours.

### RIDDLE OF THE DAY

What has hands but cannot hold anything?  
Answer: Clock

### SUDOKU

|   |   |   |   |
|---|---|---|---|
| 5 |   | 1 |   |
|   | 3 |   | 6 |
| 4 |   | 2 |   |
|   | 6 |   | 3 |
| 1 |   |   | 4 |
|   | 2 | 5 |   |

### TEST YOUR KNOWLEDGE!

- Q1. What is the smallest prime number?
- Q2. Which layer of the atmosphere protects us from harmful UV rays?
- Q3. Who wrote The Discovery of India?
- Q4. What is the chemical symbol for gold?
- Q5. Which part of the eye controls the amount of light entering?

Answers: 2

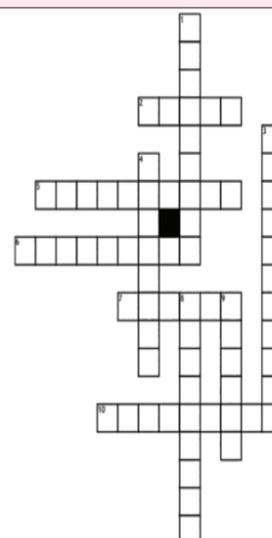
Ozone layer

Jawaharlal Nehru

Au

Pupil

### CROSSWORD PUZZLE



**Across**

2. a limestone rock with crystals inside
5. devotion; loyalty
6. something that gets in the way
7. to divide into two equal parts
10. confidence; certainty

**Down**

1. money given for a certain purpose
3. something that bothers
4. occurring every two years or lasting for two years
8. the power to keep on without giving up
9. being three in one

### DIFFERENCE

